



## ***FARMERS MARKET***

**37685 South Gratiot – Clinton Township, MI 48036 – 586.469.2525**

### **Banana-Berry Smoothie**

**3 Servings (1 cup each)**

#### **Ingredients**

- 1 1/4 cups calcium-fortified orange juice
- 1 1/4 cups frozen mixed berries
- 1 cup sliced ripe banana
- 1/2 cup vanilla fat-free yogurt
- 1/3 cup nonfat dry milk
- 1 tablespoon sugar

Combine all ingredients in a blender; process until smooth.

***Credit: myrecipes.com***