



FARMERS MARKET

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Green Fruit Bowl with Frozen Grapes –

- 12 oz. green grapes**
- 2 cups water**
- 1 cup sugar**
- 1 cup lemon thyme or regular thyme sprigs, coarsely chopped**
- 1 green apple**
- 3 kiwifruits, peeled and slices**
- 4 – 5 cups honeydew melon balls (from 2 melons)**

1. Freeze grapes on rimmed baking sheet for 1 hour.

2. Meanwhile, make the syrup: Bring water and sugar to a simmer in a medium saucepan, stirring until sugar dissolves. Remove from heat, and add lemon thyme. Let stand, covered, until cooled completely. Strain syrup through a fine sieve; discard solids.

3. Thinly slice apple. Divide apple, kiwifruits, melon, and grapes among 8 bowls. Pour syrup over tops just before serving.

Credit: Martha Stewart Living