

37685 South Gratiot - Clinton Township, MI 48036 - 586.469.2525

Roasted Curried Cauliflower -

Nonstick olive-oil cooking spray

1 ½ tbl. extra virgin olive oil
1 tsp. mustard seeds
1 tsp. cumin seeds
¾ tsp. curry powder
¾ tsp. salt
1 large head of cauliflower (about 2 pounds), cut into large florets

- 1. Preheat oven to 375°. Coat a rimmed baking sheet with cooking spray. In a large bowl, stir together oil, mustard seeds, cumin seeds, curry powder, and salt. Add the cauliflower, tossing to coat thoroughly with the spice mixture.
- 2. Arrange cauliflower in a single layer on prepared sheet. Roast until florets are browned on bottom and tender when pierced with the tip of a paring knife, about 35 minutes. Serve hot.

Credit: Martha Stewart Living